

Who We Are

Mayslake Ministries

is a leading Center for Spiritual Direction, located in the Diocese of Joliet, Illinois.

Mayslake Ministries' team of 44 spiritual directors offers people from all fifty states, the opportunity to engage in spiritual direction from the safety of their home via Skype, Zoom or Facetime. And for those in the Chicagoland area we also offer in person spiritual direction sessions.

Our team of certified spiritual directors are formed in the Catholic/Christian faith and are skilled to help people in all areas of life as they seek to draw closer to Christ.

Founded by Fr. Jonathan Foster, OFM in 1991, Mayslake Ministries is an independent lay led ministry whose mission is to engage Catholics in a Modern World through spiritual direction, and adult faith formation.

To schedule an appointment contact Dr. Mary Amore at 630-852-9000. All calls are held in strictest confidence. Suggested donation of \$60 is accepted for each session.

Reach Us

1S314 Summit Avenue
Oakbrook Terrace, IL
630-852-9000

Facebook:

www.facebook.com/MayslakeDoc/

Website:

www.Mayslakeministries.org

Mayslake  Ministries



*Mayslake
Ministries*

ENGAGING CATHOLICS
IN A MODERN WORLD

What We Do

AREAS OF EXPERTISE

Addiction - Adoption - Anxiety
Bereavement - Grief - Loss - Caregiver
Carmelite Spirituality - Celtic Spirituality
Contemplative Prayer Discernment
Decision Making - Dream work
Ecumenical - End of Life Issues Hospice
- Family Ministries

Finding Christ in Everyday - Foster Care
Franciscan Spirituality - Grand-parenting
Hispanic Ministry - Ignatian Spirituality
Incarnational Spirituality - Infertility
Inner Prayer & Healing - Interior Prayer
Lay Ministry - Marian Spirituality
Marriage & Relationships

Mental Health - Military Women Mothers
Spirituality - Ordained Ministry:
Deacons | Wives | Religious | Priest
Pastoral Counseling - Personal
Development - Parenting & Family Life
Prayer - Rediscovering God
Self Care
Social Issues - Soul Work
Special Needs Parenting

Sports Spirituality - Transitions in Life
12 Step Work - Wilderness Spirituality
Women's Health - Women's Spirituality
Workplace Spirituality - Young Adults



We offer

Mayslake Ministries offers a wide range of multi-trained and experienced spiritual directors to our clients. In addition to our team of 44 spiritual directors we offer 4 licensed directors specializing in Social Work etc.

We offer retreats, speakers on a wide range of topics, podcasts, Check out our website for more information.

Frequently

ASKED QUESTIONS

IS SPIRITUAL DIRECTION LIKE COUNSELING?

No, spiritual direction is not like counseling; rather it is a process of self-discovery and awareness to the workings of God in one's life. In spiritual direction, the spiritual director, with the help of the Holy Spirit, prayerfully listens as a person shares the joys and struggles of his or her faith life. Through this shared sacred dialogue, they discuss the action of God's abiding presence at work in the directee's life.

HOW IS SPIRITUAL DIRECTION BENEFICIAL TO MY FAITH LIFE?

In spiritual direction, individuals can heal, build and strengthen their relationship with Christ. Once a person experiences the profound joy of knowing Jesus, this encounter can be life changing.

HOW LONG DOES A SPIRITUAL DIRECTION SESSION LAST?

Individual sessions are usually one hour in length and occur once a month. Spiritual direction sessions are offered in person at our offices in Oakbrook Terrace, IL, or remotely via Skype, Facetime or Zoom.

HOW DO I BEGIN SPIRITUAL DIRECTION?

To make your initial appointment with a spiritual director, please contact Dr. Mary Amore, Executive Director at 630-852-9000. All calls are held in strictest confidence. Or visit our website at mayslakeministries.org for a complete listing of our spiritual directors and their areas of specialty.

IS THERE A COST TO SPIRITUAL DIRECTION?

It is customary to make a suggested donation of \$60 per session to help support the work of Mayslake Ministries and the ministry of spiritual direction. Payments can be made in cash, check or credit card.