

Mayslake Ministries

Veterans' Retreats

Healing Programs for Military Veterans



Sound Familiar?

I am having difficulty getting used to civilian life.
I am impatient and frustrated and find myself isolating.
I feel like God is MIA or KIA in my life.
I cannot sleep, and when I do sleep I have frequent nightmares.
I experience intense emotions like guilt, resentment, and anger.
I often turn to unhealthy activities to mask my pain.
My friends and family don't understand me. They don't "get it."

★ Mayslake Ministries offers free spiritual outreach programs to our military men and women suffering from Post-Traumatic Stress. For many soldiers, life, including their spiritual life, has been forever changed by the experience of military service, deployment, and mobilization. The Veterans' Retreat is a Christian-based program designed to help military men and women come to spiritual healing and reconciliation with God, their families and with one another. This program specifically addresses the issue of Post-Traumatic Spiritual Stress.

★ This is a two-night weekend retreat offered at no cost to veterans and their spouse or significant other (who are encouraged to attend) in a place of safety, respite and support. Retreat leader, Sr. Linda McClenahan, a veteran herself, served as a communications Sergeant in the III Corps area of Vietnam. She is now a Dominican Sister and Licensed Professional Counselor and Therapist whose ministry involves helping veterans deal with trauma. Sr. Linda is assisted by Augie Sisco, Major, USMC (Ret.), a Vietnam combat veteran. He is the assistant director for our Vet's Ministry.



Dr. Mary Amore
Executive Director
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Mayslake Ministries is a lay-based not-for-profit spiritual center founded in the Franciscan tradition. Our mission is to meet the spiritual needs of people when and wherever the need arises. We transcend invisible lines of parish church and diocese to reach out to all who seek to deepen their relationship with Jesus Christ through retreats, spiritual direction and adult faith formation programs.

Coming Home

2017 Retreat Dates

August 25-27
Sept. 22-24 (Part II)

American Martyrs Retreat House
Cedar Falls, IA

October 20-22

Siena Center
Racine,
WI

What you can Expect:

- A Safe, secure environment
- Being with others who "get it"
- Time and processes to reconnect with God
- New insights and understandings of your own unique experience

For All Retreats:

TIME:

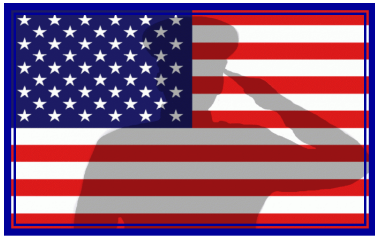
6 pm Friday through noon Sunday
(Check in after 4pm)

FACILITATORS:

Sr. Linda McClenahan and
Augie Sisco

COST:

Free (\$25 refundable registration fee)



Registration Form

Completed registration from along with refundable \$25 registration fee must be received before you will be registered for the retreat.

Veterans' Retreats

The retreat is FREE. We ask for a \$25 registration fee per person which is refunded to you upon attendance at the retreat. You must complete and return this form along with a \$25 per person refundable registration fee before you will be registered for a particular retreat.

- April 21-23 Cardinal Stritch Retreat House Mundelein, IL**
- July 14-16 (Part II) Cardinal Stritch Retreat House**
- August 25-27 American Martyrs Retreat House Cedar Falls, IA**
- September 22-24 (Part II) American Martyrs Retreat House**
- October 20-22 Siena Center, Racine, WI**

Name of Veteran: _____

Name of spouse, significant other or caregiver if applicable: _____

Address: _____

City: _____

State/Zip: _____

Phone: _____

Cell Phone: _____

Email: _____

Branch of Service: _____

Years of Service e.g. 2010-2015: _____

Medications: _____

Emergency Contact (name / number): _____

THREE WAYS TO REGISTER:

Online: Paypal www.mayslakeministries.org
Phone: 630-852-9000 — credit card
Mail: Return this completed form with check
 Mayslake Ministries
 718 Ogden Ave.
 Downers Grove, IL 60515

Amount of Payment: _____

Payment method:

Check Enclosed

Credit Card

CC # _____

Exp. Date: _____ Sec. Code: _____

Name on Card: _____

Signature: _____