

*"Then your light will break forth
like the dawn,
and your healing will quickly appear:
Then your righteousness
will go before you,
and the glory of the Lord
will be your rear guard". {Is. 58:8}*



Many people believe that spirituality is essential to the process of healing when coping with a serious illness. Join us on this most special weekend retreat as we explore the ways in which our shared encounter with breast cancer can lead us to spiritual transformation and growth. Participants will be invited to discover a pathway to healing the body and tending the soul through shared prayers, quiet reflection and group discussions.



450 East 22nd Street, Suite 170
Lombard, IL 60148
630-268-9000 (P)
630-268-9001 (F)

Email: info@mayslakeministries.org
Web: mayslakeministries.org

Mayslake Ministries honors near occasions of grace in the lives of the church and individuals.

Through the Spirit of partnership we offer:
Spiritual Direction
Personalized Retreats
Parish Missions
The School of Spirituality
Staff/Faculty Workshops
Catechism Series
Weekend Retreats
Graced Moments Women's Ministry

We serve all Christians and receive no funding from any diocese, order or denomination.

*Our ministry is fully recognized
by the Archdiocese of Chicago
and the Dioceses
of Joliet & Rockford.*

*A Retreat for Women-
Whose Lives have
been Touched by
Breast Cancer
October 24-26, 2009*





PRAYER OF GRACE

Refuse to fall down.

*If you cannot refuse to fall down,
refuse to stay down.*

*If you cannot refuse to stay down,
lift your heart toward heaven,*

*And like a hungry beggar,
ask that it be filled and it will be filled.*

*You may be pushed down.
You may be kept from rising.*

*But no one can keep you
from lifting your heart toward heaven.*

*It is in the middle of misery
that so much becomes clear.*

*The one who says nothing good
came from this,
Is not yet listening.*






Clarrissa Pinkola Estes, Ph.D

Join us as we explore the
spiritual journey from the *cross*



to the hope
and the promise
of *new life*.

*Presenting this sacred time away is a team
of our affiliates...all pastoral ministers, led
by Mary, our Executive Director. Four of
these women have a personal experience
of breast cancer.*

-  Dr. Mary Amore
-  Dr. Jill Bates
-  Suzette Horyza
-  Lorna Miressi, M.A, R.N.
-  Wai-Chin Matsouka, M.S.

*This sacred time away will both enrich
your personal journey and cultivate
a spirituality of wellness.*

Cost is \$250 & includes all your meals.

The beautiful Double Tree Hotel on Butterfield Road in Downers Grove provides the wonderful accommodations for this retreat. Secluded rooms on a "key-card" floor allow us privacy, prayer space and presentation rooms.

Retreat Registration

*Healing the Body...Tending the Soul
Oct. 24-26, 2009*

Name:

Address:

City:

State/Zip:

Phone (home):

Phone (work):

email:

Please return this panel with your
\$ 50 non-refundable deposit made out to
Mayslake Ministries to:

Retreat Secretary
Mayslake Ministries
450 East 22nd Street, Suite 170
Lombard, IL 60148

In case of a program cancellation,
a full refund is given to you.