

Rest Only In God

Rest only in God,
for God holds our salvation

God is the
strong rock
that keeps me
strong;
I will not
be shaken.



Hope only in God; there is no one
else to support me.

God alone is our safety,
God alone is our hope,
God alone is our glory,
God alone is worthy of our trust.
Give to God with all your heart.

Rest only in God,
For God holds our salvation.

A psalm prayer based on Psalm 62:2-3, 6-9
by David Haas

Mayslake Ministries



450 East 22nd Street, Suite 170
Lombard, IL 60148
630-268-9000 (P)
630-268-9001 (F)

Email: info@mayslakeministries.org
Web: mayslakeministries.org

*Mayslake Ministries honors near occasions
of grace in the lives of the church
and individuals.*

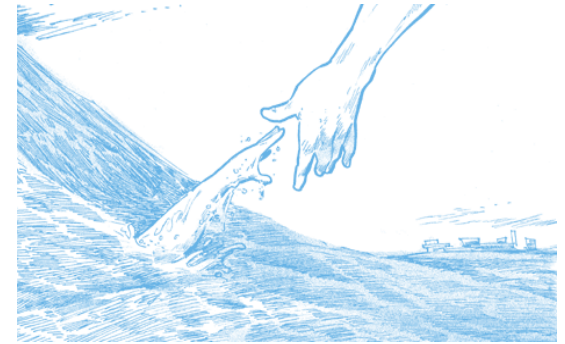
Through the Spirit of partnership we offer:

Spiritual Direction
Personalized Retreats
Parish Missions
The School of Spirituality
Staff/Faculty Workshops
Catechism Series
Weekend Retreats
Graced Moments Women's Ministry

We serve all Christians and
receive no funding from any
diocese, order nor church..

*Our ministry is recognized
by the Archdiocese of Chicago
and the Dioceses
of Joliet & Rockford.*

When the Going Gets TOUGH, *Where Do We Go?*



Men's Silent Retreats

Presented by: Fr. Jonathan Foster, OFM
and Christine Grano

at Cardinal Stritch Retreat House
in Mundelein, IL

November 13 — 15, 2009

January 8 — 10, 2010

March 26 — 28, 2010

Mayslake Ministries



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**ARE YOU SUFFERING IN THESE
TROUBLING TIMES?**

**DO THE PROBLEMS
OF THIS WORLD
SEEM ALMOST OVER-WHELMING?**

The reality is that our everyday life is filled with events and circumstances that are out of our control, so *when the going gets tough, where do we go?*

WHAT DO WE DO?

Join us for a weekend retreat as we explore these real life issues in the light of the gospel message.

Come away to the peaceful setting of the Cardinal Stritch Retreat Center and listen...

Listen for the voice of God to speak to you in the silence of your heart, that you may be renewed in mind, body and spirit.

Jonathan Foster, OFM is an experienced spiritual director & retreat presenter. He received his Master's degree in Pastoral Studies from Loyola University & his Ph.D. in Adult Formation from the University of Chicago. Fr. Jonathan is a poet and published author. The former director of St. Francis Retreat House at Mayslake in Oak Brook, Father Jonathan is the founder of Mayslake Ministries, where he now serves as a full-time staff member.



Christine Grano is an affiliate staff member of Mayslake Ministries, offering spiritual direction, retreats and programs. Christine holds a B.S., has a certificate in Spiritual Direction and has received training in Inner Healing Prayer, Stephen Ministry & Christian Lay Counseling. Director of Music Ministry at her church for many years, Chris now sings and plays piano/organ for churches and funeral chapels in the Chicago-land area, in addition to serving as liturgist and presenter for Mayslake Ministries' retreats.



\$225

Cardinal Stritch Retreat Center in Mundelein, Illinois is located directly across from Carmel High School (west of 294/94). This 100+ acre wooded environment offers you quiet, true seclusion, over 100 deer and all nature has to offer, along with your own **private room and bath**, as well as delicious food. All reservations will be made through Mayslake Ministries at 630-268-9000. Visa and Mastercard accepted.

Retreat Registration *When The Going Gets Tough...*

Name:

Address:

City:

State/Zip:

Phone (home):

Phone (work):

email:

Date of Retreat You want to Attend

Please return this panel with your \$ 50 non-refundable deposit made out to Mayslake Ministries to:

Retreat Secretary at Mayslake Ministries
450 East 22nd Street, Suite 170
Lombard, IL 60148

In case of a program cancellation,
a full refund is given to you.